

## GROUP SUPERVISOR

Please review the information provided below and complete the tick boxes and signature section on the second page. Once completed, please return the form to the Forest Adventures (FA) staff.

Ensuring the safety of your children is our highest priority. FA staff will conduct an initial safety briefing and training session for all participants to ensure they are well-prepared, confident, and secure while navigating the courses. For your reference, key safety guidelines are outlined below.

## SUPERVISION REQUIREMENTS

- **Climbers aged 7 and 8:** One climbing adult is required for every two students. Adults will need to assist participants during certain elements of the course.
- **Climbers aged 9 to 16:** One supervising adult is required for every sixteen students; however, active participation by the adult is not mandatory.

**Forest Adventures staff will ensure that students are thoroughly briefed and will emphasise the following safety protocols:**

- Follow all instructions provided during the safety briefing.
- Always wear your safety harness and helmet on the course.
- See FA Staff to remove and re-fit your harness when visiting the bathroom or car park.
- Do not intentionally hang upside down in your harness.
- Read the information on the departure platforms before starting each activity.
- Abide by the limit of 2 people per platform and 1 on each of the course elements.
- Wear loose, comfortable clothing, closed in shoes, no jewellery, long hair tied back.
- Avoid putting your hands on the zip lines in front of the pulley.
- Stay on the identified paths to minimise risk from snakes and tripping.
- **Begin on the designated course as directed by staff, ensuring it is suitable for their age and height:**

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| <b>1. Beginner - Yellow</b><br>7 + years   110cm + tall                |
| <b>2. Intermediate - Light Green</b><br>7 + years   110cm + tall       |
| <b>3. Experienced - Light Blue</b><br>7 + years   120cm + tall         |
| <b>4a. Low Zipline Course - Dark Green</b><br>7 + years   110cm + tall |
| <b>4b. High Zipline Course - Dark Blue</b><br>9 + years   120cm + tall |
| <b>5. Advanced Course - Red</b><br>9 + years   130cm + tall            |
| <b>6. Adrenaline Course - Black</b><br>11 + years   140cm + tall       |

**PLEASE TICK THE BOXES TO ACKNOWLEDGE EACH OF THE POINTS BELOW.**

- I am aged 17 years or older and have supervisory or in loco parentis responsibility for the group under my care.
- I have read and understood the instructions provided on the previous page. I acknowledge that the children under my care must adhere to these rules at all times.
- I recognise that failure to follow the prescribed rules and instructions may result in serious injury or death.
- I understand that Forest Adventures (FA) staff reserve the right to deny access to any or all activities for individuals who fail to follow instructions or are deemed unfit or unable to participate safely.
- I affirm that the children under my supervision are physically and mentally capable of handling the exertion and stress required to safely participate in high ropes course activities.
- I confirm that any known medical conditions that could affect the child's safety or ability to take part will be discussed with FA staff beforehand.
- I accept that participation in the activities involves inherent risks, including minor injuries due to their physical nature and the surrounding environment.
- I accept that FA is not responsible for any loss or damage to personal belongings brought to the site.
- I acknowledge that, after completing the safety briefing, children who do not feel comfortable managing their personal safety during the activities may opt out.
- In the event of an emergency, I consent to children receiving necessary medical treatment in consultation with excursion leaders.
- I understand that students and staff over 120kg are not able to participate in the high ropes courses.

SUPERVISOR FULL NAME: \_\_\_\_\_

SUPERVISOR SIGNATURE: \_\_\_\_\_

SCHOOL / GROUP NAME: \_\_\_\_\_

DATE: \_\_\_\_\_