

## GROUP SUPERVISOR

Please review the information provided below and complete the tick boxes and signature section on the second page. Once completed, please return the form to the Forest Adventures (FA) staff.

Ensuring the safety of your children is our highest priority. FA staff will conduct an initial safety briefing and training session for all participants to ensure they are well-prepared, confident, and secure while navigating the courses. For your reference, key safety guidelines are outlined below to support your understanding.

## SUPERVISION REQUIREMENTS

- **Climbers aged 7 and 8:** One climbing adult is required for every three students. Adults will need to assist participants during certain elements of the course.
- **Climbers aged 9 to 16:** One supervising adult is required for every twelve students; however, active participation by the adult is not mandatory.

**Forest Adventures staff will ensure that students are thoroughly briefed and will emphasise the following safety protocols:**

- Follow all instructions provided during the safety briefing.
- Always wear your safety harness and helmet on the course (leave them at the equipment container if you go to the car park or toilets).
- Do not intentionally hang upside down in your harness, as this could be dangerous.
- Read the information on the departure platforms before starting each activity.
- Abide by the limit of 2 people per platform and 1 on each of the course elements.
- Wear loose, comfortable clothing, closed in shoes, no jewellery, long hair tied back.
- Avoid putting your hands on the zip lines in front of the pulley.
- Stay on the identified paths to minimise risk from snakes and tripping.
- **Begin on the designated course as directed by staff, ensuring it is suitable for their age and height:**

1. Kids Course Yellow | 7 + years | 110cm + tall

2. Kids + Course Light Green | 7 + years | 110cm + tall

3. Family Course Light Blue | 7 + years | 120cm + tall

4a. Low Zipline Course Dark Green | 7 + years | 110cm + tall

4b. High Zipline Course Dark Blue | 9 + years | 120cm + tall

5. Advanced Course Red | 9 + years | 130cm + tall

6. Adrenaline Course Black | 11 + years | 140cm + tall

**PLEASE TICK THE BOXES TO ACKNOWLEDGE EACH OF THE POINTS BELOW.**

- ☐ I am aged 17 years or older and have supervisory or in loco parentis responsibility for the group under my care.
- ☐ I have read and understood the instructions provided on the previous page. I acknowledge that the children under my care must adhere to these rules at all times.
- ☐ I recognise that failure to follow the prescribed rules and instructions may result in serious injury or death.
- ☐ I understand that Forest Adventures (FA) staff reserve the right to deny access to any or all activities for individuals who fail to follow instructions or are deemed unfit or unable to participate safely.
- ☐ I affirm that the children under my supervision are physically and mentally capable of handling the exertion and stress required to safely participate in high ropes course activities.
- ☐ I confirm that none of the children have any known medical conditions that could compromise their safety or ability to participate.
- ☐ I accept that participation in the activities involves inherent risks, including minor injuries due to their physical nature and the surrounding environment.
- ☐ I accept that FA is not responsible for any loss or damage to personal belongings brought to the site.
- ☐ I acknowledge that, after completing the safety briefing, children who do not feel comfortable managing their personal safety during the activities may opt out.
- ☐ I consent to the children receiving necessary medical treatment in the event of an emergency and agree to reimburse FA for any associated medical costs incurred.
- ☐ I will notify FA staff if any child under my care weighs more than 100 kg so that appropriate safety equipment can be provided. (Please note that the maximum permitted weight is 120 kg.)

SUPERVISOR FULL NAME: \_\_\_\_\_

SUPERVISOR SIGNATURE: \_\_\_\_\_

SCHOOL / GROUP NAME: \_\_\_\_\_

DATE: \_\_\_\_\_